



 Hugga®



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// OVERVIEW

WHO CAN BENEFIT FROM USING THE HUGGA

Designed by two expert neuro-physiotherapists with over 30 years combined experience. The Hugga Sleep System provides external postural control and support during sleep for adults and children. It can be used in either supine or side lying and is very simple to apply

People who find it hard to move are most at risk of developing body shape distortions because they sit or lie in limited positions

Failure to protect a persons body shape can have serious consequences

It can even cause premature death

The earlier the intervention the better

WHAT CAN HAPPEN IF POSTURAL CARE IS NOT GIVEN?

Contractures Pressure on internal organs Suffering and pain
Scoliosis Difficulty eating and breathing Spasticity

VICIOUS CIRCLE OF EFFECTS

Limited position at night is then translated into a seating position

This can make an expensive chair unsuitable over time

PRESSURE SORES

People who find it hard to move are most at risk of developing body shape distortions and pressure sores because they sit or lie in limited positions



Bedsore kill almost as many as the hospital super-bug MRSA, and cost the NHS up to £2 billion a year in care costs. Even when they don't kill, they inflict terrible pain and rob thousands of patients of their mobility

CLINICAL NEED FOR SLEEP SYSTEMS

Provide external postural control & support

Reduces the tone/tension within the muscles

Over time prevents musculo-skeletal deformities & deterioration

Creates better posture & maintains muscle length

Reduces the likelihood of invasive & expensive interventions

Can help reduce pressure sores

Can improve digestion & breathing

Less staff input

POSTURAL MANAGEMENT

A sleep system may need to be introduced gradually

Sometimes for only a few minutes a day

“ Maintaining alignment & managing tone will provide the best foundation for static success.

P.POPE

(1996). POSTURAL MANAGEMENT IN SPECIAL SEATING. IN EDWARDS S ED. NEUROLOGICAL PHYSIOTHERAPY

HUGGA IN SUPINE



HUGGA IN SIDE LYING





// OVERVIEW

HUGGA SLEEP SYSTEM BENEFITS

Affordable

Multi functional shapes for back and side lying – less confusing

Lightweight, wipe clean, breathable

Easy for care staff to use

Secures to the bed providing optimal positioning

Uses properties of pressure relieving mattress

Gentle, yet firm support – high density conventional foam covered in visco elastic foam



// CASE STUDIES

ROSALIND MONTAGUE

BISHOP'S GATE, AGED 58

PROGNOSIS

Client presents with fixed contractures and can no longer be seated. As a result quality of life is becoming restricted and they are permanently bed ridden

TREATMENT

Placing the client in the Hugga sleep system allowed for increased extension, improved posture and therefore allowing the client to be seated during the day in a chair



As a Specialist Neurological Physiotherapist who works with postural management equipment on a daily basis, I have found that the Hugga sleep-system provides an excellent cost-effective solution for clients with altered postures. For me, the key features for an effective system is compliance and comfort for the client whilst optimising their postures, and acceptance and ease of application for the nursing team. The Hugga sleep-system achieves this at a very competitive price

SIMON BERRELL MCSP. SPECIALIST NEUROLOGICAL PHYSIOTHERAPIST



People with severe and complex neurological disability often require a holistic approach to help manage their postural problems. The "Hugga" is a simplistic approach to night time postural support and is readily accepted by the user; carers find it easy to use and it is flexible in terms of side and supine lying

GAIL RUSSELL, OCCUPATIONAL THERAPIST



// CASE STUDIES

SEBASTIAN ARMITAGE

WOLVERHAMPTON, AGED 14

PROGNOSIS

Client is constantly waking due to involuntary spasms which result in worsening fixed positions through the night

TREATMENT

By using the Hugga sleep system through the night the client returns to the correct and more comfortable position after the spasm has finished. The client has also experienced a substantial reduction in tone due to the sensory feedback coming from the system. In the morning the client has noticed that muscle tightening has also reduced



Using The Hugga system has resulted in demonstrable and measurable clinical improvements, protection or maintenance of body shape for my clients. It's design and ease of use provides a cost effective and simple but highly effective solution to postural care. Compliance is exceptionally high because the client finds it comfortable and acceptable and because informal or commissioned carers find it easy to use, reducing carer stress and time demands

AURNDRA GOLDEN, OCCUPATIONAL THERAPIST



The Hugga sleep-system is easy to apply and my client looks very comfortable lay in a symmetrical and supported position whilst using it. If he coughs or spasms the system is flexible enough to allow the movement to occur, and then return to the optimal position. After rejection of other systems, my client loves the Hugga and uses it every day

CARER



// TESTIMONIALS

PHYSIO FUNCTION LTD

PHYSIOFUNCTION IS ONE OF THE UK'S LEADING PROVIDERS OF SPECIALIST HANDS-ON NEUROLOGICAL PHYSIOTHERAPY AND REHABILITATION TECHNOLOGY

24 hour postural management is key in many of our clients. Who may not have the ability to change their position without assistance. Individuals can be at risk of developing problems due to their imbalance of muscle tone and inability to move out of poor positions. If left unmanaged, these problems can lead to pain, structural changes in muscles and joints, breathing and digestive difficulties and the possible need for surgery

“ We have successfully used the **Hugga Sleep System** with one of our clients who has Cerebral Palsy. Numerous types of positioning equipment had been tried in the past to achieve the benefits that a symmetrical comfortable posture offers and to reduce her tone and muscle spasms, but unfortunately there was nothing suitable. She is now using the **Hugga Sleep System** as part of her 24 hour postural management with a significant positive effect

Michael Greenwood

CEO, PHYSIOFUNCTION



// PRODUCT RANGE

**VELCRO SHEET/22. THE BRIDGE/22.
PELVIC PADS/23. THORACIC/
TRUNK/23. KNEE BLOCKERS/24. KNEE
GUIDES/24. DOUBLE EDGE WEDGE/25.
L SHAPED HEAD CUSHION/25.**

// PRODUCT RANGE



VELCRO SHEET

SPECIFICALLY FOR USE WITH THE HUGGA

DETAILS

It replaces the standard fitted sheet one would normally use. Soft, can be washed up to 90° degrees and is extremely durable. Sheets available to suit all sizes of bed and mattress including airflow mattresses and profiling beds.

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QUANTITY X 1



THE BRIDGE

HEAD IN SUPINE AND BETWEEN THE LEGS IN SIDE LYING

DETAILS

Provides substantial support and comfort to the users head in supine. Offers sensory feedback. Used in side lying between the knees and feet to maintain alignment in side lying. Reduces pressure on the hips and creates airflow between legs.

.....
QUANTITY X 2

// PRODUCT RANGE



PELVIC PADS

SUPPORTS PELVIS

DETAILS

As postural management begins at the pelvis these pads are a crucial element of the Hugga. They are used to support and maintain a midline position where possible. Prevents the user turning into a negative position whilst in supine.

.....
QUANTITY X 2



THORACIC/TRUNK CUSHION

SUPPORTS THE THORAX

DETAILS

Helps maintain a symmetrical trunk. Chamfered to encourage upper limbs to rest appropriately at the side of the trunk. provides further support to the upper body. Can be used to aid correction by applying pressure to the spasticity that may present.

.....
QUANTITY X 2



KNEE BLOCKERS

SUPPORT KNEES IN SUPINE

DETAILS

Used to support the legs under the knees. Allows for a slight bend in the knee to combat fixed contractors. relieves pressure from the hips. Hugga includes a separate blocker for each leg so that they can be managed independently.

.....
QUANTITY X 2



KNEE GUIDES

HELPS MAINTAIN CORRECT LOWER LIMB POSITION

DETAILS

Guides are used to support the leg whilst on the Knee blocker. Can aid with abduction and adduction. non restrictive whilst allowing the leg to return to the correct position after a seizure or spasm.

.....
QUANTITY X 2



DOUBLE EDGE WEDGE

SUPPORTS THE FEET

DETAILS

Allows user to apply varying levels of flexion at the ankle. Supports the feet and prevents foot drop. Provides sensory feedback and can help with swallowing. Two cushions are provided to manage the feet independently. Also used to support upper and lower back in side lying, maintaining a more aligned spine position

.....
QUANTITY X 2



L SHAPED HEAD CUSHION

SUPPORTS THE HEAD IN SIDE LYING

DETAILS

Provides support to the head and is fixed to the sheet with velcro to counter users who tend to fall back when in side lying. Offers sensory feedback. Can be used in supine to assist a user who tends to drop their neck to a particular side.

.....
QUANTITY X 1

POSTURE CARE LTD

IS A FAMILY OWNED BUSINESS BASED IN MANCHESTER, IN THE NORTH OF ENGLAND.

Postural management is a vital part of a clients continuing care yet so often night time positioning is overlooked. We firmly believe in 24/7 management and to that end we will continue to design and manufacture equipment to make this possible.

We are a patient focused company working in partnership with Physios and Occupational therapists throughout the UK.

Our directors have worked in healthcare for many years and understand the importance of designing equipment that is not only a solution to postural needs of our clients but also easy to use for the carer/care staff.

Our goal is to ensure that all those that need postural support have access to high quality affordable equipment that is easy to use and will provide for a better quality of life.

CONTACT / WHERE TO BUY

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 Hugga®